

Tabla 3. Coeficientes de las regresiones logísticas para los factores de riesgo cardiovascular ajustados por los conglomerados socioeconómicos y las variables de control: ENSA 2000, ENSANUT 2006, 2012 y 2018.

	ENSA 2000 Coeficiente	IC95 %	ENSANUT 2006 Coeficiente	IC95 %	ENSANUT 2012 Coeficiente	IC95 %	ENSANUT 2018 Coeficiente	IC95 %
Diabetes								
Nivel bajo (ref. nivel medio)	-0.78***	(-1.03, -0.53)	-0.79***	(-1.02, -0.56)	-0.50***	(-0.67, -0.33)	-0.35*	(-0.50, -0.20)
Nivel alto (ref. nivel medio)	0.16*	(0.01, 0.32)	0.03	(-0.13, 0.19)	0.09	(-0.04, 0.22)	-0.03*	(-0.15, -0.10)
Sexo (mujer vs. hombre)	-0.04	(-0.18, 0.11)	-0.10	(-0.23, 0.03)	-0.10†	(-0.21, 0.01)	-0.21***	(-0.31, -0.10)
Edad	0.06***	(0.05, 0.06)	0.05***	(0.04, 0.05)	0.05***	(0.05, 0.06)	0.05***	(0.05, 0.06)
Escolaridad	-0.02*	(-0.04, -0.01)	-0.03**	(-0.05, -0.01)	-0.02**	(-0.03, -0.01)	-0.04***	(-0.05, -0.02)
Constante	-5.40***	(-5.69, -5.12)	-4.49***	(-4.80, -4.18)	-4.67***	(-4.94, -4.39)	-4.30***	(-4.53, -4.06)
Hipertensión arterial								
Nivel bajo (ref. nivel medio)	-0.30**	(-0.47, -0.14)	-0.68***	(-0.83, -0.53)	-0.49***	(-0.64, -0.35)	-0.32**	(-0.44, -0.19)
Nivel alto (ref. nivel medio)	0.11†	(-0.02, 0.23)	0.01	(-0.09, 0.11)	0.08	(-0.03, 0.20)	0.02	(-0.08, 0.12)
Sexo (mujer vs. hombre)	-0.60***	(-0.72, -0.49)	-0.61***	(-0.70, -0.52)	-0.49***	(-0.58, -0.41)	-0.35***	(-0.44, -0.26)
Edad	0.05***	(0.04, 0.05)	0.04***	(0.04, 0.05)	0.05***	(0.05, 0.06)	0.05***	(0.05, 0.06)
Escolaridad	-0.02**	(-0.03, -0.01)	-0.01*	(-0.02, -0.01)	-0.01	(-0.01, 0.01)	-0.02**	(-0.03, -0.01)
Constante	-3.50***	(-3.71, -3.28)	-3.31***	(-3.51, -3.10)	-3.85***	(-4.08, -3.62)	-3.74***	(-3.95, -3.53)
Colesterol elevado								
Nivel bajo (ref. nivel medio)	-0.80***	(-1.05, -0.55)	-0.98***	(-1.22, -0.74)	-0.44***	(-0.61, -0.27)	-0.14*	(-0.27, -0.02)
Nivel alto (ref. nivel medio)	0.08	(-0.09, 0.25)	0.01	(-0.13, 0.14)	0.18**	(0.05, 0.30)	0.09†	(-0.01, 0.19)
Sexo (mujer vs. hombre)	-0.01	(-0.14, 0.13)	-0.25***	(-0.36, -0.13)	-0.23***	(-0.33, -0.14)	-0.23***	(-0.31, -0.15)
Edad	0.05***	(0.05, 0.06)	0.04***	(0.03, 0.04)	0.04***	(0.03, 0.04)	0.03***	(0.03, 0.04)
Escolaridad	0.05***	(0.03, 0.06)	0.04***	(0.02, 0.05)	0.04***	(0.03, 0.05)	0.02***	(0.01, 0.03)
Constante	-5.04***	(-5.31, -4.77)	-4.11***	(-4.34, -3.87)	-3.89***	(-4.11, -3.68)	-3.28***	(-3.47, -3.08)
Consumo de tabaco								
Nivel bajo (ref. nivel medio)	-0.62***	(-0.79, -0.45)	-0.75***	(-0.91, -0.58)	-0.80***	(-0.96, -0.64)	-0.75***	(-0.90, -0.59)
Nivel alto (ref. nivel medio)	0.30***	(0.17, 0.42)	0.23***	(0.12, 0.35)	0.30***	(0.17, 0.43)	0.14**	(0.04, 0.24)
Sexo (mujer vs. hombre)	2.32***	(2.21, 2.43)	1.86***	(1.74, 1.97)	2.13***	(2.03, 2.24)	1.82***	(1.72, 1.92)
Edad	-0.01***	(-0.02, -0.01)	-0.01***	(-0.02, -0.01)	-0.01***	(-0.02, -0.01)	-0.01***	(-0.02, -0.01)
Escolaridad	0.02*	(0.01, 0.03)	0.01†	(-0.01, 0.01)	0.01*	(0.01, 0.03)	-0.01†	(-0.01, 0.01)
Constante	-1.37***	(-1.58, -1.16)	-1.80***	(-2.01, -1.59)	-1.58***	(-1.81, -1.36)	-1.62***	(-1.82, -1.40)
Consumo de alcohol								
Nivel bajo (ref. nivel medio)	-0.42***	(-0.55, -0.30)	-0.43***	(-0.55, -0.30)	-0.55***	(-0.70, -0.41)	-0.35***	(-0.47, -0.23)
Nivel alto (ref. nivel medio)	0.23***	(0.13, 0.32)	0.12*	(0.03, 0.22)	0.26***	(0.14, 0.38)	0.22***	(0.13, 0.32)
Sexo (mujer vs. hombre)	2.35***	(2.25, 2.45)	2.10***	(2.02, 2.19)	2.14***	(2.01, 2.27)	2.11***	(2.02, 2.20)
Edad	-0.01†	(-0.01, 0.01)	-0.01***	(-0.02, 0.01)	-0.02***	(-0.02, -0.01)	-0.02***	(-0.02, -0.01)
Escolaridad	0.06***	(0.05, 0.07)	0.03***	(0.02, 0.04)	0.08***	(0.07, 0.09)	0.05***	(0.04, 0.06)
Constante	-1.26***	(-1.44, -1.08)	-1.11***	(-1.28, -0.94)	0.34**	(0.13, 0.55)	-0.48***	(-0.68, -0.28)
Obesidad								
Nivel bajo (ref. nivel medio)	-0.99***	(-1.13, -0.86)	-0.83***	(-0.99, -0.67)	-0.66***	(-0.81, -0.52)	-0.38**	(-0.56, -0.20)
Nivel alto (ref. nivel medio)	0.05	(-0.05, 0.16)	0.14*	(0.04, 0.25)	0.01	(-0.11, 1.30)	-0.02	(-0.18, 0.14)
Sexo (mujer vs. hombre)	-0.54***	(-0.63, -0.44)	-0.55***	(-0.65, -0.46)	-0.53***	(-0.63, -0.44)	-0.42***	(-0.56, 0.27)
Edad	0.03***	(0.03, 0.04)	0.01***	(0.01, 0.02)	0.02***	(0.01, 0.02)	0.01***	(0.01, 0.02)
Escolaridad	-0.02**	(-0.03, -0.01)	-0.02**	(-0.03, -0.01)	0.01	(-0.01, 0.01)	0.01	(-0.01, 0.02)
Constante	-0.79***	(-0.97, -0.62)	-0.23*	(-0.44, -0.01)	-0.22†	(-0.44, 0.01)	0.12	(-0.22, 0.46)

Notas. ENSA 2000= Encuesta Nacional de Salud 2000; ENSANUT= Encuesta Nacional de Salud y Nutrición.

La categoría de referencia es el conglomerado medio de condiciones socioeconómicas. ***p<0.001; **p<0.01; *p<0.05; †p<0.1.

Fuente: elaborado a partir de las muestras seleccionadas para cada factor de riesgo cardiovascular de la ENSA 2000 y las ENSANUT 2006, 2012 y 2018.