

APÉNDICE 1

Referencias de estudios excluidos

- ¹ Deportes individuales.
- ² Artículos descriptivos.
- ³ Efecto agudo.
- ⁴ Información incompleta.
- ⁵ Información general.
- ⁶ No deportistas, estudiantes
- ⁷ No relacionado a entrenamiento pliométrico
- ⁸ No variables de interés.

Referencia	Razón de la exclusión
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