

SUPPLEMENTARY MATERIAL 5
 INSTITUTION TRAINING/SUPPORT WITH DISTANCE LECTURES FOR PROFESSORS AND STUDENTS
 (SCORES FROM 1 TO 10, THE HIGHER THE SCORE, THE HIGHER THE LEVEL OF STRESS/ANXIETY)

<i>Sample</i>		<i>Professors</i>	
Variables		Training#	
		No	Yes
Continent	North America	6 (22.2)	21 (77.8)
	Latin America	1 (1.6)	60 (98.4)
	Brazil	60 (24.4)	186 (75.6)
	Europe	14 (29.8)	33 (70.2)
	Asia/Oceania/Middle East	3 (50.0)	3 (50.0)
University	Comunitary	0 (0.0)	8 (100.0)
	Private	15 (10.9)	122 (89.1)
	Public	60 (31.1)	133 (68.9)
	Public and private	9 (18.4)	40 (81.6)
Stress level	1	11 (13.1)	41 (13.5)
	2	9 (10.7)	31 (10.2)
	3	8 (9.5)	34 (11.2)
	4	6 (7.1)	28 (9.2)
	5	19 (22.6)	38 (12.5)
	6	9 (10.7)	37 (12.2)
	7	8 (9.5)	30 (9.9)
	8	6 (7.1)	39 (12.9)
	9	6 (7.1)	17 (5.6)
	10	2 (2.4)	8 (2.6)
	Total	84 (100.0)	303 (100.0)
<i>Sample</i>		<i>Students</i>	
Continent	North America	0 (0.0)	7 (100.0)
	Latin America	48 (52.8)	43 (47.2)
	Brazil	125 (55.0)	102 (45.0)
	Europe	35 (29.7)	83 (70.3)
	University	Private	28 (26.4)
Public		180 (53.8)	156 (46.2)
Stress level	1	19 (9.1)	26 (11.0)
	2	21 (10.1)	26 (11.0)
	3	22 (10.6)	26 (11.0)
	4	13 (6.3)	25 (10.6)
	5	18 (8.7)	22 (9.3)
	6	25 (12.0)	24 (10.2)
	7	21 (10.1)	32 (14.0)
	8	26 (12.5)	22 (9.3)
	9	20 (9.6)	11 (4.7)
	10	23 (11.1)	21 (8.9)
	Total	208 (46.8)	235 (53.2)

Bold values mean different from others within the groups

*according to Fisher's exact (comparisons were made vertically)

** according to Chi-square test (comparisons were made vertically)

#only participants who were taking distance lessons answered